

# SIERRA HIGH ROUTE 2017

Worn/Carried	Item	Weight (oz)	Comments
Hat	"Popsicle" Trucker Hat	2.15	Thrift store gold. Mesh breathes better than fabric. Coupled with bandana for sun.
Baselayer Top	<a href="#">Patagonia Capilene Daily LS T-shirt</a>	5.55	Light synthetic dries fast. LS good for sun. Fairly bugproof.
Baselayer Bottom	Blue Nylon Thrift Store Shorts	3.10	Airy and light. Dries near instantly.
Wind Pants	<a href="#">Montbell Dynamo Wind Pants</a>	2.65	Ended up wearing almost entire time. Took a beating (many tears) from granite.
Hiking Shoes	<a href="#">New Balance MT 10v4</a>	16.90	Held up great. Good traction. Sufficient padding for endless talus fields.
Socks	<a href="#">Darn Tough King of the Mountain Micro Crew Light</a>	1.95	Because I lord over those mountains.
Bandana	Bandana	0.75	Mostly used for sun protection on this trip.
Sunglasses	Gas Station Sunglasses (Polarized)	0.90	Would have gone blind on snowfields without these. Fabulous fashion statement.
<b>Total</b>		<b>33.95</b>	
Other Clothing	Item	Weight (oz)	Comments
Midlayer Top	Generic Fleece	9.60	Rarely needed. Primarily used as a heavy pillow.
Bug Netting	<a href="#">Sea-to-Summit Mosquito Headnet</a>	0.80	Heavy snow led to a late mosquito hatch and made this mandatory for sanity.
Rain Jacket	<a href="#">Dri Ducks Ultralite 2 Rain Jacket</a>	6.05	Warm and incredibly lightweight. Lack of durability easily patched with duct tape.
Spare Socks	<a href="#">Darn Tough King of the Mountain Micro Crew Light</a>	1.95	Rotate and wash socks daily.
Shell Gloves	<a href="#">Northface ETIP Fleece Gloves</a>	2.00	Found near Palisade Lakes. Wore holes within days. Weight estimate.
<b>Total</b>		<b>20.40</b>	
Packing	Item	Weight (oz)	Comments
Backpack	<a href="#">KS Ultralight KS 4</a>	10.00	Added DIY Bottom Pocket which made for fantastic map storage.
Pack Liner	Generic Trash Compactor Bag	2.45	Waterproofing.
Straps	DIY Y-Strap	1.30	Used a couple buckles and 1" webbing to create a Y-Strap on top to attach bear can.
<b>Total</b>		<b>13.75</b>	
Shelter	Item	Weight (oz)	Comments
Tent	<a href="#">ZPacks Hexamid Solo Tent</a>	12.85	250+ nights and going strong. Fantastic ventilation and little condensation in Sierras.
Groundsheet	<a href="#">Polycro</a>	1.30	Can slide up a side if rain/splash coming in.
Tent Pole	<a href="#">Zpacks Tent Pole + Duct Tape</a>	2.50	Pole incredibly light for strength. Excellent substitute for trekking pole.
Stakes	<a href="#">4 MSR Mini Groundhogs + 3 Easton Nano Blue 6 + 1 Y Stake"</a>	3.20	Mix of types for varied soil.
<b>Total</b>		<b>19.85</b>	
Sleep System	Item	Weight (oz)	Comments
Quilt	<a href="#">Enlightened Equipment Revelation (20 degree)</a>	20.75	Developing cold spots, but still sufficient insulation for nights in 30s and 40s.
Sleeping Pad	<a href="#">Gossamer Gear Nightlight</a>	6.7	Frame for pack as well as torso-length pad. Used empty pack for feet at night.
Bag Liner	<a href="#">Sea-to-Summit Sleeping Bag Liner</a>	4.80	Added warmth at night.
<b>Total</b>		<b>32.25</b>	
Kitchen	Item	Weight (oz)	Comments
Bear Can	<a href="#">Bear Vault BV500</a>	40.60	More for protection from park rangers than bears.
Spoon	McDonald's McFlurry Spoon	0.15	For cold soaked meals, strong plastic adds durability.
Cold Soak Jar	<a href="#">Talenti Jar</a>	1.70	Gelato was more appetizing than peanut butter when assembling kit.
Water Bottles	700ml Smartwater Bottles (2)	2.30	Flip cap makes excellent backcountry bidet. Water abundant in Sierras.
<b>Total</b>		<b>44.75</b>	
Fanny Pack	Item	Weight (oz)	Comments
Fanny Pack	<a href="#">All-Dyneema Thru Pack with Comfy Strap</a>	4.20	Provided by Thru Pack. Heavier than GG Hipster, but capacity and features so worth it.
Light	Sprout's Headlamp	2.00	My light broke right before the trip, so Sprout lent me her backup. Weight estimate.
Water Treatment	Bleach	0.40	Simple, cheap, effective.
Fire Starter	<a href="#">Mini BIC lighter</a>	0.40	Mostly used for "cauterizing" cords, webbing, and thread.
Toothbrush	<a href="#">Zpacks Travel Toothbrush</a>	0.15	Easily the most gramweenie thing I've ever purchased.
Toothpaste	<a href="#">Zpacks Travel Toothpaste</a>	0.10	Easily the most gramweenie thing I've ever purchased.
Toilet Paper	Hand Sanitizer	0.65	Travel size plenty for two week trip.
Anti-Chafe	<a href="#">Body Glide Original Antichafe Balm</a>	0.45	Useful to try and recover and retain moisture after long days of wet feet.
Sunscreen	Dermatone Skin Protector SPF 23	0.75	Sun exposure intense at elevation. Still got burned some.
Anti-Butt Chafe	Vagasil	0.90	The magical cure for butt chafe.
Knife	<a href="#">Derma-safe Folding Utility Survival Knife</a>	0.25	All I need to cut cheese, thread, and cord.
First Aid Kit	Cuben Repair Tape, Thread + Needle, Tweezers, Imodium, Benadryl	0.55	Used all my thread repairing rips in pants from granite and brush.
Phone	iPhone (incl. case and qt freezer Ziploc)	5.15	Communication, clock, alarm, GPS (Gaia), camera, photo backup (Google Photos).
Headphones	Samsung Earbuds	0.40	Headphones save battery life (s/o Morning Glory) and eliminate noise pollution.
ID & Money	Drivers License, Debit, Credit, Permits, Insurance Card, Cash	1.00	Only the essentials.
Chapstick	Mini Chapstick	0.15	Would have been nice to have some SPF for UV protection.
Journal	<a href="#">Rite in the Rain N. 331FX</a>	2.60	Trusty journal. More of a booklet.
Pen	Ballpoint Pen	0.20	For journaling and map annotating.
External Battery	<a href="#">Ankar PowerCore 10000mAh Portable Charger</a>	6.30	Only needed once due to little phone/GPS usage.
Charger	Phone and battery charging cable	1.75	Lightning-to-Micro USB converter means I only need one cord instead of two.
<b>Total</b>		<b>28.35</b>	
Miscellaneous	Item	Weight (oz)	Comments
Maps	<a href="#">Andrew Skurka's Mapset</a>	9.60	Printed 11x17 double sided. Excellent maps. Rarely used GPS. Weight estimate.
Map Sleeve	Gallon Ziploc	0.40	To protect maps from precipitation.
Ice Axe	<a href="#">Camp Corsa Nanotech (60cm)</a>	9.00	With high snow year, was glad to have for numerous snowfield crossings.
Emergency Beacon	<a href="#">SPOT Gen3</a>	4.25	Used tracking to share adventure with friends and family.
<b>Total</b>		<b>23.25</b>	

Total   Ounces	Weight (oz)
(A) Items always worn or carried, or not in pack	33.95
(B) Items sometimes worn or carried, or always packed, AKA "pack base weight"	154.25
(C) Items carried in fanny pack	28.35
(B) + (C) = "base weight"	182.60
(A) + (B) + (C) = Full "skin-out" weight	216.55
Total   Pounds	Weight (lbs)
(A) Items always worn or carried, or not in pack	2.1
(B) Items sometimes worn or carried, or always packed, AKA "pack base weight"	9.6
(C) Items carried in fanny pack	1.8
(B) + (C) = "base weight"	11.4
(A) + (B) + (C) = Full "skin-out" weight	13.5