

TE ARAROA 2016 - 2017

Worn/Carried	Item	Start (oz)	End (oz)	Comments
Hat	Generic Trucker Hat	2.20	2.20	Thrift store purchase. Paired with bandana it creates great sun protection. Mesh trucker hat breathes better than full hats.
Baselayer Top	Long Sleeve Nike DriFit 10k Shirt	5.50	5.50	Long sleeves for sun protection and mosquito sanity. Polyester DriFit fabric dries fast but smells worse than merino wool.
Baselayer Bottom	Umbro Soccer Shorts	3.90	3.90	Another thrift store steal. No liner or built in underwear. Nylon dries very fast.
Hiking Shoes	Altra Superior 2.0	23.00	23.00	Cut off gaiter trap cover, pull loop, and trail rudder. Wide toe box and low stack height. Integrated velcro for gaiters.
Socks	Darn Tough King of the Mountain Micro Crew Light	1.95	1.95	Darn Tough's lifetime guarantee is a distance hiker's dream. Thin to no cushioning dries quicker than other Darn Tough products.
Gaiters	Dirty Girl Gaiters	1.40	-	Velcro wore out midway through hike. With all the water and mud, I ditched them and embraced the brutality. Wet feet are the norm on Te Araroa.
Bandana	Bandana	1.00	1.00	Used primarily for sun protection, but also as a washcloth, towel, and necklace.
Sunglasses	Generic Fake Raybans	0.80	-	Broke them early in the hike and never bought a replacement. Only necessary if snowpack present.
Trekking Poles	Leki Women's Cressida	16.60	8.80	Lost one pole in the Deception River Valley. Stopped using them entirely as trail was too varied and unformed. Kept remaining pole for tent.
Tape	Duct Tape (36")	0.45	0.45	Wrapped around trekking pole.
Total		56.80	46.80	
Other Clothing	Item	Start (oz)	End (oz)	Comments
Midlayer Top	Generic Fleece	9.6	6.6	Fleece can be used when hiking and provides enough warmth for warm New Zealand evenings. Switched to a lighter fleece sweater without any zippers midway.
Bug Netting	Sea-to-Summit Mosquito Headnet	0.80	-	Never necessary in New Zealand. Mosquitoes weren't bad during the day and the sand flies stick to your ankles.
Wind Jacket	Montbell Tachyon Anorak	2.00	2.00	Extremely light and nice to have on those brisk mornings. Hood adds an surprising amount of warmth. Not sufficient as a rain jacket.
Wind Pants	Montbell Dynamo Wind Pants	2.75	2.75	Rarely hiked in these, but they were extremely nice to have in camp to keep the sand flies off. Wore them when I slept to protect sleeping bag from sweat and dirt.
Spare Socks	Darn Tough King of the Mountain Micro Crew Light	1.95	-	Socks got so worn, dirty, and wet that I gave up on washing and rotating. By the end of the hike, I only had one pair that I wore every day.
Gloves	Walmart Gardening Gloves	1.4	-	Nice for brisk mornings, but not good in rain as they trap moisture. Ended up ditching.
Total		18.5	11.35	
Packing	Item	Start (oz)	End (oz)	Comments
Backpack	KS Ultralight KS 4	10.00	10.00	Custom TX07/Dyneema without hip belt. Enough space for 7+ days food. Combines well with GG Nightlight for structure. Also used to insulate my feet when sleeping.
Pack Liner	Generic Trash Compactor Bag	2.45	2.45	Unscented so as not to attract critters and bears. Probably unnecessary with the X-Pac, but it gave me piece of mind.
Total		12.45	12.45	
Shelter	Item	Start (oz)	End (oz)	Comments
Tent	ZPacks Hexamid Solo Tent	12.85	12.85	0.74 cuben fiber for added durability. Includes sewn in bug netting for sanity. Removed shock cord attachments for groundsheet.
Groundsheet	ZPacks Groundsheet-Poncho	5.35	5.35	My favorite piece of gear. Poncho mode includes shock cord to pull in excess fabric, eliminating flapping in wind. Can use for cowboy camping.
Stakes	4 MSR Mini Groundhogs + 4 Easton Nano Blue 6"	3.10	3.10	Variety of stakes for varied soil types.
Total		21.3	21.3	
Sleep System	Item	Start (oz)	End (oz)	Comments
Quilt	Enlightened Equipment Revelation (20 degree)	20.75	20.75	Had washed by Rainy Pass Repair before this hike, which restored it to almost the original loft and reduced its weight by almost 3oz.
Sleeping Pad	Gossamer Gear Nightlight	6.7	6.7	Torso length. Provide structure for pack. R-value sufficient for 3-season backpacking.
Total		27.45	27.45	
Kitchen	Item	Start (oz)	End (oz)	Comments
Spoon	McDonald's McFlurry Spoon	0.15	0.15	Came with free McFlurry. Easily replaced. The McFlurry spoons are slightly smaller in New Zealand.
Cold Soak Jar	Empty Peanut Butter Jar	2.00	-	16oz jar is large enough to cold soak couscous and ramen noodles. I stopped cold soaking about halfway through the hike.
Water Bottles	800ml Water Bottle (Two)	2.00	1.00	Water is overly abundant on Te Araroa. Dropped one bottle and ended up carrying only one 800ml bottle for the majority of the hike.
Total		4.15	1.15	
Fanny Pack	Item	Start (oz)	End (oz)	Comments
Fanny Pack	Gossamer Gear Hipster Fanny Pack	2.00	2.00	Incredibly convenient to have all my commonly used odds and ends within reach while walking. Makes me a more efficient hiker.
Light	Photon Micro-Light II Pro LED (Red Beam)	0.30	0.30	Plenty bright to set up camp in the dark or journal at night. I didn't plan on night hiking and never needed to.
Water Treatment	Bleach	0.20	0.20	As effective as Aquamira but cheaper, lighter, and easier to come by. Needs to be kept out of sunlight.
Fire Starter	Mini BIC lighter	0.40	0.40	Mostly used to stop fraying straps and to sanitize needle for blister popping. Even though I wasn't cooking, it was still smart to have an easy fire source.
Toothbrush	-	0.20	0.20	Handle trimmed like a true gram weenie.
Toothpaste	-	1.50	1.50	Travel size can last 2+ weeks if used sparingly.
Toilet Paper	Hand Sanitizer	0.80	0.80	Water + left hand + hand sanitizer leaves the cheeks cleaner and is better LNT. Privies abundant on the TA.
Anti-Chafe	Body Glide Original Antichafe Balm	1.95	-	Rubbed on my feet every night before bed to restore moisture and prevent blistering. Ditched halfway through when blisters were no longer a fear.
Sunscreen	Banana Boat Sport SPF 30	2.00	-	[ESTIMATE] 1 fl oz size. Used on hands and face for the first couple weeks. Ditched once I developed a strong tan and layer of dirt.
Anti-Butt Chafe	Vagasil	3.00	3.00	[ESTIMATE] Magically cures butt chafe.
Knife	Derma-safe Folding Utility Survival Knife	0.30	0.30	Basically a box cutter. It's plenty tough enough to cut rope and cheese.
First Aid Kit	Cuben Repair Tape, Thread + Needle, Tweezers, Imodium, Benadryl	0.70	0.70	Sufficient to get me to a trailhead and help if something goes wrong.
Phone	iPhone (incl. case)	6.25	6.25	Communication, clock, alarm, digital maps (Guthooks), emergency GPS, camera, photo backup (Google Photos), entertainment (audiobooks, podcasts, music).
Headphones	Samsung Earbuds	0.20	0.20	Cure for boredom and can act as earplugs at night if necessary.
ID & Money	Drivers License, Debit, Credit, Permits, Insurance Card, Cash	0.65	0.65	Kept in small Ziploc.
Chapstick	Mini Chapstick	0.20	0.20	New Zealand sun is strong.
Total		20.65	16.70	

Miscellaneous	Item	Start (oz)	End (oz)	Comments
Journal	Rite in the Rain N. 331FX	2.55	2.55	I write one page everyday. Each booklet contains 48 blank pages. Swap out (via post office) the complete booklet for a blank one when full.
Pen	Ballpoint Pen	0.20	0.20	Standard issue. Black ink. Transparent so I can see ink levels and make sure I never run out.
External Battery	Ankar PowerCore 10000mAh Portable Charger	6.30	6.30	Weight includes charging cable. Provides 3-4 full charges for iPhone.
Charger	Standard Apple Phone Charger	1.50	1.50	-
Maps	Te Araroa Trust Map Set	2.00	-	Available for free online. Fairly high level (1:50,000), so useful more for planning.
Passport	Passport	1.55	1.55	Kept in small Ziploc.
Emergency Beacon	SPOT Gen3	4.25	4.25	Peace of mind in case of emergency, which thankfully I never needed. Primarily used tracking function for friends and family to follow.
Total		18.35	16.35	

Total Ounces	Start (oz)	End (oz)
(A) Items always worn or carried, or not in pack	56.80	46.80
(B) Items sometimes worn or carried, or always packed, AKA "pack base weight"	102.20	90.05
(C) Items carried in fanny pack	20.65	16.7
(B) + (C) = "base weight"	122.85	106.75
(A) + (B) + (C) = Full "skin-out" weight	179.65	153.55

Total Pounds	Start (lbs)	End (lbs)
(A) Items always worn or carried, or not in pack	3.6	2.9
(B) Items sometimes worn or carried, or always packed, AKA "pack base weight"	6.4	5.6
(C) Items carried in fanny pack	1.3	1.0
(B) + (C) = "base weight"	7.7	6.7
(A) + (B) + (C) = Full "skin-out" weight	11.2	9.6